STEAR'S KUNA KINDNESS CHALLENGE

NAME:

EMAIL:

PHONE:



ACTS OF KINDNESS BINGO - KIDS 12-18

Smile at 10 people

Read to a younger kid/sibling

Compliment 10 people

Pick up 15 pieces of trash around your school

Visit an animal shelter

Bake treats for a neighbor Take a selfie and caption: I am #KunaKind Cleaned up a mess that wasn't yours positive messages on sticky notes and share

Put

Put stray grocery carts where they belong

Shovel snow from a neighbor's driveway Write a gratitude letter to someone you admire

Pick Your Own Mentor α young kid/sibling Hold the door open for someone

Make an appreciation card for your favorite teacher

Make your family a meal

Visit with a senior at the Kuna Senior Center Leave a nice comment on someone's post

Help a teacher clean up

Take treats to the fire/police station Donate toys, bikes or sports equipment to a nonprofit

Plant a tree Donate food to the Kuna Community Food Bank Do a chore around the house without being asked